

# GROUP CONSCIENCE: A DESIGN FOR LIVING INTERGROUP

Saturday 2<sup>nd</sup> July 2022 8.30am – 9.15am

Via ZOOM Meeting

**A DESIGN FOR LIVING INTERGROUP website:** [www.ad4l.info](http://www.ad4l.info)

**To contact AD4L please email [admin@ad4l.info](mailto:admin@ad4l.info)**

**All members are welcome to attend the monthly Group Conscience. It is set for the first SUNDAY of the month, after the regular AD4L meeting 8.30-9.15am**

## Present:

### **Executive committee**

Chair: Tammy/Janie

Secretary: Janie

Treasurer: Joanne

### **Service Positions**

Minute Taker: Stef

Intergroup Rep: Violet/ Kevin

### **Group Members present**

Janie	Dean	Lisa AUS	Robyn
Tammy	DJ	Lisa B	Stef
***478	Ella	Mel	Sue M
***230	Emma	Mikki	Sue P
***459	Eva	Narelle	Tegan
***258	Fiona	Rhonda	Val B
Chuck	Katrina	Richard	

- 1) **Previous Minutes** - Acceptance of draft minutes from previous Group Conscience

**Motion:** to accept last months Group Conscience minutes

**Moved:** Stef **Seconded:** Val B

**CARRIED**

- 2) **Reports**

- i. **Co-Chair Report**

See report below

**Report:** Janie

- ii. **Treasurer Report**

See report below

**Report:** Joanne

**iii. Virtual Region Report**

The Virtual Region of Overeaters Anonymous (OA Virtual Region) is the service body/intergroup with which AD4L is affiliated - OA Virtual Region is a service body registered as one of the 11 Regions with OA World Service. OA Virtual Region supports OA virtual meetings and intergroups (like AD4L). The OA Virtual Region website is <https://oavirtualregion.org/> - where you can find information and flyers about OA Virtual Region upcoming workshops, phone marathons, speaker series and other OA events across the Virtual Region - for instance, AD4L's flyer for our Concepts Speaker meeting is on the front page of the OA VR website. There are many, many opportunities to do service at the OA Virtual Region - from support for their monthly Workshops and Conventions to speaking at the Workshops and participating on Committees - there are many committees doing a variety of work and they are always open to fellows joining - so please check the website for service opportunities or reach out to Kevin or Violet.  
Respectfully submitted. Violet F.

**3) General Business**

**i. AD4L Website Reports**

The website underwent a recent update from your service team. A new PayPal button has been set up to contribute to the AD4L Intergroup. An additional QR code is available for mobile use. New material was added under Resources – the latest Speaker Recording, pdf files and links to podcasts.

**Report:** Stef

**ii. Term limits for service Positions**

**Motion:** to accept the written amendment to the position of Daily Secretary  
**Moved:** Rhonda **Seconded:** Tammy (yes: 12 no: - abst.: 1)

**CARRIED**

**iii. Donation to AD4L – Tax reduction**

Question was raised to get informed about the tax deduction status in regard to PayPal while sending 7<sup>th</sup> Tradition contributions on international basis and tax laws.  
The question will be sent to the AD4L treasurer.

**iv. Outstanding Items**

**a) Handling Service Position / Dealing with opposing opinions in service**  
Will be added soon

## AD4L CoChair Report for Group Conscience Meeting 2 July 2022

Both Tammy and Janie were voted in as new Co-Chairs during the May Group Conscience Meeting.

We have both had an incredibly busy and challenging few weeks, with Life being Life, and have not had a chance to liaise and write a Co-Chair Report together covering June.

However, hopefully this brief report will suffice, and we will be more organized from next month.

The AD4L daily meetings have continued to flourish.

We have had a bigger pool of people available to be rostered on for different Service positions: Daily Secretary, Host, Meeting Leader for the first half, then a second person for the Guided Discussion, Greeters and Big Book Officers. The newly created Signal message group has been very handy for last minute changes of personnel if a members availability suddenly changes.

I would like to thank Violet for her outstanding organizational skills in arranging and sending out of a weekly schedule of who is doing what, and when.

We are still regularly getting a few new members daily, plus our usual 50-70 daily meeting members.

We are about to start a Speaker Series on the OA Concepts, I am sure it will be enlightening.

We are thrilled that we can finally pay the 7<sup>th</sup> Tradition donation, via a PayPal button on the AD4L website. The preparation for this has been HUGE, as AD4L had to become registered as a Not For Profit Organization, and this has taken months of time and energy from several members who have had to navigate the Australian Tax system, and research many rules and regulations, write applications and doggedly meet all the criteria in a very long list. Personally, I can't thank you enough, it must have been a very frustrating and arduous task, but all for the good of AD4L. Thank you for your tenacity.

At this stage the PayPal button and donation process seems to be working well, however, if any members have any problems with it, please do let the AD4L Secretary know, so that it can be followed up on.

Virtual Region Report: Violet was unable to attend the Conscience Group Meeting today, but has suggested that any AD4L Member can take a look at the [www.oavirtualregion.org](http://www.oavirtualregion.org) website, as it is full of interesting information, and as members we may like to consider whether we could give Service in some area here.

Kind regards, from Janie B & Tammy M

AD4L TREASURERS REPORT JULY 2022

We have been able to reopen the PayPal account as a not-for-profit organization registered here in Australia. This has been a long process and there have been many helpers. THANK YOU AD4L team! A few days ago we started testing the account through the chat and the web site. There have been some problems with the technology which we will try to follow up this month.

Please DO LET US KNOW IF YOU EXPERIENCE ANY TECHNICAL ISSUES MAKING YOUR DONATIONS.

*yours in service, Jo B*

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<b>2 Jul 2022</b>			
		<b>Cash on hand 1st MAY 2022</b>	<b>\$1742.03</b>
<b>Plus</b>	<b>Income Received</b>	<b>PayPal-Contributions</b>	<b>\$63.23</b>
		<b>Fundraisers</b>	<b>\$0</b>
		<b>Bank Interest</b>	<b>\$0.03</b>
		<b>Others</b>	<b>\$4.99</b>
<b>Less</b>	<b>Expenses paid</b>	<b>Zoom</b>	<b>\$0</b>
		<b>Website</b>	<b>\$0</b>
		<b>Donations</b>	<b>\$0</b>
		<b>Bank fees</b>	<b>\$0</b>
		<b>Other</b>	<b>\$0</b>
		<b>Cash on hand on 4th JUN, 2022</b>	<b>\$1810.28</b>
		<b>Prudent Reserve</b>	<b>\$850</b>
		<b>Upcoming financial commitments (ZOOM Annual July 3) –</b>	<b>\$470.00</b>
		<b>OTHER – Annual fee for AD4L PO BOX –</b>	<b>\$211</b>
		<b>Total AVAILABLE cash on hand – 4<sup>th</sup> JUN, 2021</b>	<b>\$279.28</b>

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Held for next month

**1) Outstanding items from April Group Conscience**

**a. Format Change Proposal - To mention food**

Discussion raised by Linda that food be allowed to be mentioned within the meeting and that the format states this clearly.

**Motion:** that members be allowed to mention specific food during our meeting.

**Moved:** Linda                      **Second:** Lisa AUS                      (yes: 5    no: 6    abst.: - )

**NOT CARRIED**

**b. Format change proposal – Zoom Etiquette**

Item carried from February Group Conscience:

*Dean proposed to change the secretary spiel:*

*“If you need to eat or otherwise be multitasking while attending the meeting then please consider dialing in on the telephone out of respect and consideration of other participants and the meeting. We would also suggest that members please present themselves as if they were attending a face to face meeting if possible.”*

*Item raised by members:*

- *Vali: to include “to use an appropriate camera angle”*
  - *Penny: to include “anything that could be distracting”*
  - *Kevin: to include “not to mention food”*
  - *Mel D: wish to discuss being allowed to turn off the camera during the meeting*
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