

GROUP CONSCIENCE: A DESIGN FOR LIVING INTERGROUP

Sunday 1st February, 8.30am – 9.15am

Via ZOOM Meeting

A DESIGN FOR LIVING INTERGROUP

www.ad4l.info

To contact AD4L please email admin@ad4l.info

(Co Chair Stef or Michael is available to answer any questions at above email)

All members are welcome to attend the monthly Group Conscience. It is set for the first SUNDAY of the month after the regular AD4L meeting.

8:30am – 9:15am

Present:

Executive Committee:

Co Chair: Stef & Michael

Intergroup Rep: Roy (absent)

Co-Treasurers: Joanne

Nikki (absent)

Service Positions:

Minute Taker: Linda

Group Members Present: Joanne, Stef, Linda C, Michael L, Caro, Sandy G, Nikki T, Robyn, Sim, Lee Ann, Tali, Katrina, Chrissy, Hana B, Jackie, Marianne, Sue M, Mike, Eva.

The meeting was opened by Co Chair Michael with the reading of the Serenity Prayer and Sandy reading Tradition.

1. Previous Minutes – Acceptance of draft minutes from the December Group Conscious

- a. **MOTION:** The minutes from the December Group Conscious Meeting be accepted as submitted.

Moved: Tali

Seconded: Lee Ann

MOTION CARRIED

2. Reports

a. **Co Chair Report**

Report: Michael & Stef
See report below.

b. **Treasurer Report**

Report: Joanne & Nikki

MOTION: To forward updated amount \$2,392.11 to OA.org

Moved: Eva

Seconded: Stef

Agreed: 10 **Disagree:** 0

MOTION CARRIED

See report below.

c. Virtual Region Report

Report: None

d. Special Event Committee

Report: None

3. General Business:

A. Call for Service – Scheduler

Tali has been in the current position for over 18 months and would like to pass the service position onto someone else.

We thank Tali for her continued support as Scheduler.

If anyone is interested in doing service as scheduler, please contact either Michael L or Stef for further information.

B. AD4L 6th Birthday in March

It was proposed that we hold a special meeting on 17th March 2026, maybe a extended meeting. Michael and Stef will consult the events committee to discuss options.

C. Format Update – Meeting Format – “Greeter announcement”

Motion: To update the current Meeting Script Section introducing the Greeter Position.

Current

“At this meeting we have a GREETER who has a Welcome Pack ready to email out to anyone who is interested. It includes useful program links, a pdf copy of the Big Book, and podcasts on Steps 1, 2, and 3.

If you would like to receive the Welcome Pack please send the Greeter your email address in the chat.

For those on the telephone it is also available on our website WWW.AD4L.INFO.

Today our greeter is _____.”

Proposed

“At this meeting we have a GREETER who has a Welcome Pack ready to send to anyone who is interested. It includes useful program links, a pdf copy of the Big Book, and podcasts on Steps 1, 2, and 3.

If you would like to receive the Welcome Pack please connect with our Greeter through the chat. For those on the telephone our Welcome Pack is also available on our website WWW.AD4L.INFO.

Today our greeter is _____.

Moved: Stef

Second: Tali

Agreed: 13

Disagree: 0

MOTION CARRIED

Meeting adjourned with Serenity prayer by Michael L

Co-Chair Report 1st February 2026

Welcome to the February AD4L Group Conscience meeting. We look forward to 2026 as a year full of recovery events and continued service of carrying the OA message.

February begins the return of our Speaker Series. This year OA members will share their experience, strength, and hope throughout the year on the Principles behind each of OA's 12 Steps. We begin this month with the Step One: Honesty. We hope you will join us for this monthly series and/or avail yourself to the podcasts of the event once they are up on our website: www.ad4l.info.

March is AD4L's anniversary month! We hope to plan a special event to commemorate and celebrate our growth in carrying the OA message another year. Details about a possible event will be discussed later in the agenda.

Thank you to all who attend our daily meetings, sign up and/or volunteer to do service, and help carry the OA message. Our Step into Service workshops will continue throughout the year to update members on Zoom technology, assist and welcome all who would like to join the team and offer an opportunity to exchange thoughts and experience. As the Big Book states: Helping others is the foundation stone of our recovery.

Yours in Service,
Michael & Stef

AD4L Treasurers Report 1st February 2026 (all Currencies are in AUD \$):

This is the treasurer's report for AD4L's February Group Conscience. AD4L received **\$ 824.15 AUD** (net of PayPal Withdrawal Fee) in contributions. On behalf of our Fellowship, our sincerest gratitude to everyone who continues to support AD4L.

Our available funds for donation are **\$2,392.11 AUD**. This total includes **\$1,567.96 AUD** from the last Group Conscience that was approved for donation but has not yet been donated, plus this month's income.

We propose amending the donation amount to **\$2,392.11 AUD** and donating the full amount to OA.ORG.

The annual NFP report to government for A Design For Living Intergroup was submitted and uploaded to ACNC in December 2025 (note: Australian Charities and Not-For-Profit Commission).

NOTE: AD4L maintains 2 reserve amounts: Annual World Service Business Conference (\$3500AUD); and the annual ZOOM Administration Reserve (\$850AUD).

Yours in gratitude and service: Jo B & Nikki M

1st Feb 2026, in AUD \$\$	
Available CASH on 6th Dec, 2025	
	1,567.96
Plus Income	
	PayPal-Contributions* 744.15
	Donations to bank acct 80.00
	Bank Interest -
	Other -
Less Expenses	
	Zoom -
	Website -
	Donations** -
	Bank fees -
	Other -
Available CASH on 1st Feb, 2026	
	2,392.11
	Prudent Reserve 850.00
	World Service Business Conference Reserve 3,500.00
	Other Reserve -
Total CASH Including Reserves on 1st Feb, 2026***	
	6,742.11

*Amount shown is net after PayPal Withdrawal Fees

**Donation made through PAYPAL and amount listed includes Transaction Fee

***All of which is in Bendigo Bank Account at time of writing