

## GROUP CONSCIENCE: A DESIGN FOR LIVING INTERGROUP

Sunday 3<sup>rd</sup> May, 8.20am – 9:08am

Via ZOOM Meeting

### A DESIGN FOR LIVING INTERGROUP

[www.ad4l.info](http://www.ad4l.info)

To contact AD4L please email [admin@ad4l.info](mailto:admin@ad4l.info)

(Co Chair Stef or Michael is available to answer any questions at above email)

All members are welcome to attend the monthly Group Conscience. It is set for the first SUNDAY of the month after the regular AD4L meeting.

8:30am – 9:15am

#### Present:

#### Executive Committee:

**Co Chair:** Stef & Michael

**Intergroup Rep:** Roy (absent)

**Co-Treasurers:** Joanne

Nikki

#### Service Positions:

**Minute Taker:** Linda

**Group Members Present:** Stef, Linda C, Robyn, Sim, Tali, Hana B, Julieanne, Michael L, Bron, Gregor, Joanne, Chrissy, Nikki, Nikki T, Shareen, Zahra, Beatrice, Richard, Rita, Sister Gabrielle, Sue M.

The meeting was opened by Co Chair Stef with the reading of the Serenity Prayer and Shareen reading Tradition.

**1. Previous Minutes** – Acceptance of draft minutes from the April Group Conscious

- a. **MOTION:** The minutes from the April Group Conscious Meeting be accepted as submitted.

**Moved:** Tali

**Seconded:** Nikki

**MOTION CARRIED**

**2. Reports**

a. **Co Chair Report**

**Report:** Michael & Stef  
See report below.

b. **Treasurer Report**

**Report:** Joanne & Nikki  
See report below.

c. **Virtual Region Report**

**Report:** None

**d. Special Event Committee**

Report: None

**3. General Business:**

a) Consideration to hold the group conscience meeting bi-monthly

Motion will be brought forward at June's Group Conscience meeting

**4. New Business:**

None

Meeting closed with 3<sup>rd</sup> step Prayer by Stef

DRAFT

## Co-Chair Report May 3<sup>rd</sup> 2026

Welcome to this month's AD4L Group Conscience Meeting – thank you all for being part of this community.

### CALL FOR SERVICE

Over the past 6 years since the start of A Design for Living Big Book OA meeting a huge number of volunteers signed up and supported the room in service. We could not open up the room daily without all those members! A heartfelt THANK YOU for your continuous support!

As we are moving ahead rotation is a vital part of this. It allows to keep a meeting healthy and in balance. Service is one of the nine tools of OA and reminds us:

“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.” (OA Responsibility Pledge)

We currently have a variety of service positions open and are in need for support. Please consider if you are in a position to come in as:

- AD4L Minute Taker
- Service Scheduler
- Meeting Leader
- Big Book Officer
- Host / Co-Host

All position requires a short or more extended training (depending on your experience). Some request a certain amount of abstinence. But wherever you are in your journey, we welcome you!

Once a month a group of volunteers open the room for our Step Into Service Meeting. Exchanging our experience in service, answering question, offering a safe space for some tech training and orientation. In addition, we as Co-Chairs, as well as other experienced members in service are always available for individual times. If you have any question about Service, different roles and their range we are here for you! Feel free to bring any questions to our Guided Discussion or connect with us using the chat during the meeting, via email or through phone.

We appreciate you and the service you do! Hosting AD4L as safe space for recovery is not possible without you!

### NOTE FROM STEF

I need to begin the process of standing down as AD4L Co-Chair. It has been a precious and rich experience where I have had the opportunity to learn so much with you not only with my own recovery but also in my day to day living. AD4L is truly .... A Design For Living. I am grateful for Michael, who came in as Co-Chair alongside myself in 2025! From personal experience I know it takes a Team to keep the meeting going. I hope to train and support the next Co-chair alongside Michael for AD4L. Also, I will not be going anywhere! I hope to step down from Chair and support wherever I can. THANK YOU all for being part of my journey!

Thank you for allowing us to be of service!

Yours in Service,  
Michael & Stef

**AD4L Treasurers Report 2<sup>nd</sup> MAY 2026 (all Currencies are in AUD\$):**

This is the Treasurer's Report for AD4L's May Group Conscience. AD4L received **\$348 AUD** in contributions, net of PayPal withdrawal fees. On behalf of our Fellowship, we offer our sincere gratitude to everyone who continues to support AD4L.

This month, we had an unexpected website-related cost for domain use, hosting, and email security. We believe the cost is approximately **\$95.45 AUD**. However, as part of this may be an ongoing monthly service fee, we are still confirming the total monthly cost.

Given this unexpected expense and the current uncertainty around ongoing group costs, we recommend that AD4L not make a donation to OA.ORG.

Our available funds are an estimated at: **\$1189.18 AUD**.

*NOTE: AD4L maintains 2 reserve amounts: Annual World Service Business Conference (\$3500AUD); and the annual ZOOM Administration Reserve (\$850AUD).*

Yours in gratitude and service: Jo B & Nikki M

2nd MAY 2026, in AUD \$\$	
<b>Available CASH on 1st March, 2026</b>	
	<b>936.63</b>
<b>Plus Income</b>	
	PayPal-Contributions* 288.00
	Donations to bank acct 60.00
	Bank Interest -
	Other -
<b>Less Expenses</b>	
	Zoom -
	Website (95.45)
	Donations** -
	Bank fees -
	Other -
<b>Available CASH on 3rd April, 2026</b>	
	<b>1,189.18</b>
	Prudent Reserve 850.00
	World Service Business Conference Reserve 3,500.00
	Other Reserve
<b>Total CASH Including Reserves on 3rd APRIL, 2026***</b>	
	<b>5,539.18</b>

\*Amount shown is net after PayPal Withdrawal Fees

\*\*Donation made through PAYPAL and amount listed includes Transaction Fee

\*\*\*All of which is in Bendigo Bank Account at time of writing